

Health

Abuse Reporting Hotlines

How to report child abuse or neglect:

- (866) 829-2153 (Region 2)
- (866) 363-4276 (Statewide) - available 24/7 - (866) END-HARM

Questions that will be asked when you call

- The name, address and age of the child
- The name and address of the child's parent, guardian or other persons having custody of the child
- The nature and extent of the abuse or neglect
- Any evidence of previous incidences
- Any other information which may be helpful in establishing the cause of the child's abuse or neglect and the identity of the perpetrator

You do not need to have all of the above information when you call to make a report, but the more accurate information you can provide, the better equipped the offices will be to assess the child's safety.

Report Elder Abuse/Abuse of Vulnerable Adults:

- Call 877-734-6277 or report online at the link above
 - You will be asked to give the person's name, address, contact information and details about why you are concerned.
 - You will also be asked for your name and number or some way of contacting you if the investigator has follow up questions.
 - Unless there is a court action, law enforcement has been called in, or you agree, your identity is confidential.
 - *If you report in good faith, you cannot be held liable for any damages resulting from reporting.*

Immunizations/Vaccines

	ORGANIZATION	RESOURCES
INFORMATION	Center for Disease Control (CDC): Vaccines	Recommendations and information
	Health & Human Services: Vaccines	Information about vaccines (including COVID-19)
	WA Department of Health: Immunizations	Recommendations by age, obtaining immunizations records, information and education for adults and providers
	Snohomish Health District: Immunizations	Recommendations and requirements by age, obtaining immunization records
	Immunity Community WA	A WithinReach program promoting immunization confidence
FIND VACCINES	WA Department of Health Vaccine Map	Find a vaccination provider for children or adults
	VaccineFinder: Find vaccines near you	<i>Flu/routine vaccination locator currently suspended during COVID-19</i>
	Snohomish Health District	Resources for obtaining immunizations - multiple languages

Applying for Insurance Coverage

| ^ ORGANIZATION ^ WAYS TO APPLY

CHILDREN, NON-DISABLED ADULTS 18-65	HCA: AppleHealth (Medicaid) & Health Benefit Exchange	Call 855-923-4633, apply online at the link, or download the WAPlanFinder Mobile App to apply
	Additional Resources: Find a Navigator : For live help with the AppleHealth application, or Find a Broker : For assessment and plan recommendations	
	Additional Resources: AppleHealth covered services ; AppleHealth Dental Services	
	Additional Resources: Find a provider (only for those without a managed care plan, or those whose managed care includes dental coverage); Find a Dentist (children's dentistry)	
	Additional Resources: AppleHealth Managed Care Explained : Contact your managed care plan to find a covered provider	
	Additional Resources: Free or Low-Cost Optical Providers - where to fill optical prescriptions with AppleHealth coverage	
	Additional Resources: Alternate Help with Prescriptions - for people with High-Deductible Health Plans or no coverage	

PEOPLE AGE 65+, PEOPLE W/ DISABILITIES	Apply for Medicare: Parts A and/or B	Apply at the link or call 800-772-1213 - see here for information about special enrollment periods and automatic enrollment
	Additional Resources: Part A: What it covers ; Part B: What it covers	
	Apply for Medicare Part D	Apply at the link or call 800-633-4227 - see here for more information
	Medicare Part D Low Income Subsidy Program	Apply at the link or call 800-772-1213
	Additional Resources: Medicare: Find a Provider , free publications, and more information	
	DSHS: Healthcare for the Aged, Blind, or Disabled	Call 877-501-2233, apply online , or find a local office *
	DSHS: Spenddown	Call 877-501-2233, apply online , or find a local office *
	DSHS: Medicare Savings Program	Call 877-501-2233, apply online , or find a local office *
	DSHS: Healthcare for Workers with Disabilities	Call 877-501-2233, apply online , or find a local office *
	DSHS/HCS: In-Home Care Services	Apply online , mail or fax in form 18-005 from HCA forms and publications , or call or visit local HCS office
	DSHS/HCS: Long-Term Care Options	Apply online , mail or fax in form 18-005 from HCA forms and publications , or call or visit local HCS office
	DSHS/HCS: Specialized Dementia Care Program	See above for how to apply for Long-Term Care - if eligible for Medicaid, then locate a contracted facility
	Additional Resources: Homage Senior Services : Aging & disability services, home-delivered meals, insurance advisors, etc.	
	Additional Resources: Long-Term Services and Supports Handbook (22-619) (available in multiple languages from forms website)	
	Additional Resources: ALTSA Long-Term Care Manual	
EMERGENCY - NON-QUALIFYING IMMIGRANTS	DSHS: Alien Emergency Medical program	Normally, applications are filed while in hospital; if not filed at time of emergency, apply online or call 877-501-2233
COMPACT OF FREE ASSOCIATION	HCA: COFA Islander Programs	Apply online , or download the WAPlanFinder Mobile App to apply
	Additional resources: Find a Navigator : For live help with the AppleHealth application, or Find a Broker : For assessment and plan recommendations	

GENERAL INFORMATION	Statewide Health Insurance Benefits Advisors	Call 800-562-6900 or use online contact form , or find a local office
	What they do: Licensed, unbiased advisors helping with Medicare and Medicaid and insurance enrollment, advice, questions, plan comparisons, referrals, etc.	
	Health Solutions NW, LLC	Call 425-252-5105, schedule an appointment online at link . 7100 Evergreen Way Ste F, Everett, WA. Email: neil@his-nw.com
	What they do: Licensed health insurance brokers and navigators providing assistance with AppleHealth Medicaid, Medigap, and Medicare plan enrollment at no cost	
	Additional resources: Korean Women's Association : Call 253-535-4202 or fill out contact form for help navigating Medicare and Medicaid enrollment	
	Additional Resources: AppleHealth Eligibility Manual (Includes eligibility rules for all programs listed above) and corresponding WAC index	
NON-DISABLED ADULTS 18-65	When can I buy an individual insurance plan?	Information available from the website

**Due to COVID-19, DSHS, HCA, and HCS are not currently open for in-person services.*

Free, Low-Cost, or Sliding-Scale Healthcare Services

	CITY	ORGANIZATION & LOCATION	CONTACT
PRIMARY CARE	ARLINGTON	Community Health Center (CHC) , 326 S Stillaguamish Ave	Phone: (360) 572-5400
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
	EDMONDS	Community Health Center (CHC) , 23320 HWY 99	Phone: (425) 640-5500
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
	EVERETT	Community Health Center (CHC) , 1424 Broadway	Phone: (425) 789-2000
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
		Community Health Center (CHC) , 930 North Broadway	Phone: (425) 595-3900
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
		Community Health Center (CHC) , 4201 Rucker Ave	Phone: (425) 382-4000
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
		Community Health Center (CHC) , 1019 112TH St. SW	Phone: (425) 551-6200
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
		Mercy Watch : Our Common Ground, 2624 Rockefeller Ave	Tues 9AM - 12PM
		Mercy Watch : Everett Gospel Mission, 3711 Smith Ave	Wed 9:30AM - 1PM
		Mercy Watch : Needle Exchange, 1625 E Marine View Dr #4	Thurs 2PM - 7PM
		Mercy Watch : Esther's Place, 936 Rockefeller Ave	<i>On temporary hiatus</i>
		Mercy Watch : Parking lot across from Everett Library	Tues 6PM - 9PM
		Mercy Watch : 2624 Rockefeller Ave, parking lot of UCC	Thurs 6PM - 9PM
		Planned Parenthood , 1509 32nd St.	Phone: 800-769-0045
		Other services: Abortion, Birth Control, STD Services, Men's & Women's Health Care, Pregnancy Services	
		See insurance policies . Sliding scale options may be available.	
		Sea Mar CHC , 1920 100th Street SE, Building B	Phone: (425) 312-0202
		Sliding scale - Eng/Sp . Services: Pharmacy/Health Education/Maternity Support	
	LYNNWOOD	Community Health Center (CHC) , 4111 194TH St. SW	Phone: (425) 835-5200
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
		Lahai Health : Community Life Ctr, 19820 Scriber Lake Road	206-363-4105 ext. 230
		Español: 206-363-4105 x233; mobile appts . Call 206-363-4105 x701 for dental.	
		Other services: mental health, prescription drugs, lab tests, imaging, case management, physical therapy, etc.	
		Lahai Health : Alderwood Compassion Ctr, 19400 33rd Ave W	206-363-4105 ext. 230
		Español: 206-363-4105 x233; schedule mobile appts here .	
		Other services: mental health, prescription drugs, lab tests, imaging, case management, physical therapy, etc.	
		Planned Parenthood , 19505 76th Ave W. 200	Phone: 800-769-0045
	MARYSVILLE	Other services: Abortion, Birth Control, STD Services, Men's/Women's Health Care, Pregnancy Svcs, LGBTQ+	
		See insurance policies . Sliding scale options may be available.	
		Planned Parenthood , 10210 State Ave.	Phone: 800-769-0045
		Other services: Abortion, Birth Control, STD Services, Men's & Women's Health Care, Pregnancy Services	
	MONROE	Sea Mar CHC , 17707 W. Main St., 1st Fl	Phone: (360) 282-3885
		Sliding scale - Eng/Sp . Services: Dental/Health Education/Maternity	
		Lahai Health : Crossview Church, 604 Avenue C East	206-363-4105 ext. 230
	SNOHOMISH	Español: 206-363-4105 x233; schedule mobile appts here .	
		Other services: mental health, prescription drugs, lab tests, imaging, case management, physical therapy, etc.	
	STANWOOD	Safe Harbor Free Clinic , 7209 265th St. NW #203/204	Phone: 425-870-7384
		Other services: dental (appt only), Wed/Fri same-day clinic, chronic & specialty care, lab & imaging	

	CITY	ORGANIZATION & LOCATION	CONTACT
DENTAL CARE	ARLINGTON	Community Health Center (CHC) , 326 S Stillaguamish Ave	Phone: (360) 572-5400
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
	EDMONDS	Community Health Center (CHC) , 23320 HWY 99	Phone: (425) 640-5500
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
	LYNNWOOD	Community Health Center (CHC) , 4111 194TH St. SW	Phone: (425) 835-5200
		Other services: Dental, Dental Walk-in, and Pharmacy. Payments & Insurance	
		Lahai Health : Community Life Ctr, 19820 Scriber Lake Road	206-363-4105 ext. 230
		Español: 206-363-4105 x233; mobile appts . Call 206-363-4105 x701 for dental.	
	MARYSVILLE	Sea Mar CHC , 4922 Grove St. NE	Phone: (360) 657-3091
		Sliding scale - Eng/Sp . Services: Dental	
MENTAL HEALTH	MONROE	Sea Mar CHC , 17707 W. Main St., 1st Fl	Phone: (360) 282-3885
		Sliding scale - Eng/Sp . Services: Medical/Health Education/Maternity Support	
	STANWOOD	Safe Harbor Free Clinic , 7209 265th St. NW #203/204	Phone: 425-870-7384
		Other services: primary care, Wed/Fri same-day clinic, chronic & specialty care, lab & imaging	
	EVERETT	Mercy Watch : Our Common Ground, 2624 Rockefeller Ave	Tues 9AM - 12PM
		Mercy Watch : Everett Gospel Mission, 3711 Smith Ave	Wed 9:30AM - 1PM
		Mercy Watch : Needle Exchange, 1625 E Marine View Dr #4	Thurs 2PM - 7PM
		Mercy Watch : Esther's Place, 936 Rockefeller Ave	<i>On temporary hiatus</i>
		Mercy Watch : Parking lot across from Everett Library	Tues 6PM - 9PM
		Mercy Watch : 2624 Rockefeller Ave, parking lot of UCC	Thurs 6PM - 9PM
		Sea Mar CHC , 1920 100th St SE, Suite A2 & C3	Phone: (425) 312-0277
		Sliding scale - Eng/Sp . Services: Behavioral Health Child & Family Services	
		Sea Mar CHC , 5007 Claremont Way	Phone: (425) 609-5505
		Sliding scale - Eng/Sp . Services: Behavioral Health	
	LYNNWOOD	Lahai Health : Community Life Ctr, 19820 Scriber Lake Road	206-363-4105 ext. 230
		Español: 206-363-4105 x233; mobile appts . Call 206-363-4105 x701 for dental.	
		Other services: mental health, prescription drugs, lab tests, imaging, case management, physical therapy, etc.	
		Lahai Health : Alderwood Compassion Ctr, 19400 33rd Ave W	206-363-4105 ext. 230
		Español: 206-363-4105 x233; schedule mobile appts here .	
		Other services: mental health, prescription drugs, lab tests, imaging, case management, physical therapy, etc.	
		Sea Mar CHC , 4111 Alderwood Mall Blvd.	Phone: (425) 977-2560
		Sliding scale - Eng/Sp . Services: Behavioral Health	
	MONROE	Sea Mar CHC , 4100 194th Street SW, Suite 120	Phone: (425) 977-2560
		Sliding scale - Eng/Sp . Services: Behavioral Health	
		Sea Mar CHC , 14090 Fryelands Blvd SE, Suite 306	Phone: (360) 512-2044
		Sliding scale - Eng/Sp . Services: Behavioral Health Child & Family Services	
	SNOHOMISH	Sea Mar CHC , 14090 Fryelands Blvd SE, Suite 347	Phone: (360) 805-3122
		Sliding scale - Eng/Sp . Services: Mental Health/Medication Assisted Treatment	
		Lahai Health : Crossview Church, 604 Avenue C East	206-363-4105 ext. 230
		Español: 206-363-4105 x233; schedule mobile appts here .	
		Other services: mental health, prescription drugs, lab tests, imaging, case management, physical therapy, etc.	

	CITY	ORGANIZATION & LOCATION	CONTACT
SEXUAL HEALTH	EVERETT	Planned Parenthood , 1509 32nd St.	Phone: 800-769-0045
		Other services: Primary Care, HIV care, Men's & Women's Health Care, Pregnancy Services	
		See insurance policies . Sliding scale options may be available.	
	LYNNWOOD	Planned Parenthood , 19505 76th Ave W. 200	Phone: 800-769-0045
		Other services: Abortion, Birth Control, STD Services, Men's/Women's Health Care, Pregnancy Svcs, LGBTQ+	
		See insurance policies . Sliding scale options may be available.	
	MARYSVILLE	Planned Parenthood , 10210 State Ave.	Phone: 800-769-0045
		Other services: Abortion, Birth Control, STD Services, Men's & Women's Health Care, Pregnancy Services	
		See insurance policies . Sliding scale options may be available.	
PREGNANCY CARE	ARLINGTON	UW Medicine Maternal Fetal Clinic, 3823 172nd St. NE	Phone: 844-657-4532
		Read about the Financial Assistance or Hardship discounts and waivers	
	EVERETT	Planned Parenthood , 1509 32nd St.	Phone: 800-769-0045
		Other services: Abortion, Birth Control, STD Services, Men's & Women's Health Care, Pregnancy Services	
		See insurance policies . Sliding scale options may be available.	
		Sea Mar CHC , 1920 100th Street SE, Building B	Phone: (425) 312-0204
	LYNNWOOD	Sliding scale - Eng/Sp . Services: Pharmacy/Health Education/Primary Care	
		Planned Parenthood , 19505 76th Ave W. 200	Phone: 800-769-0045
		Other services: Abortion, Birth Control, STD Services, Men's/Women's Health Care, Pregnancy Svcs, LGBTQ+	
	MARYSVILLE	See insurance policies . Sliding scale options may be available.	
		Planned Parenthood , 10210 State Ave.	Phone: 800-769-0045
		Other services: Abortion, Birth Control, STD Services, Men's & Women's Health Care, Pregnancy Services	
		See insurance policies . Sliding scale options may be available.	
	MILL CREEK	Sea Mar CHC , 9710 State Avenue	Phone: (360) 653-1742
		Sliding scale - Eng/Sp . Services: Health Education/Primary Care	
		UW Medicine Women's Clinic, 15808 Mill Creek Blvd #200	Phone: (206) 668-6644
	MONROE	Other services: Mammograms, OBGYN, family planning, etc.	
		Sea Mar CHC , 17707 W. Main St., 1st Fl	Phone: (360) 282-3885
		Sliding scale - Eng/Sp . Services: Dental/Health Education/Primary Care	
		Sea Mar CHC , 909 W Main Street	Phone: (360) 282-3896
	LYNNWOOD	Sliding scale - Eng/Sp . Services: Maternity Support Services	
		Planned Parenthood , 19505 76th Ave W. 200	Phone: 800-769-0045
LGBTQ+ CARE	LYNNWOOD	Other services: Abortion, Birth Control, STD Services, Men's/Women's Health Care, Pregnancy Svcs, LGBTQ+	
		See insurance policies . Sliding scale options may be available.	
SPECIALIZED	EDMONDS	UW Medicine Heart Institute, 21701 76th Ave. W, Suite 201	Phone: 206-598-9091
		Read about the Financial Assistance or Hardship discounts and waivers	
	EVERETT	Sea Mar CHC , 3020 Rucker Ave. Suite 100	Phone: (425) 258-8400
		WIC/Nutritional Education Services	
		Citrine Health , 2940 W Marine View Dr	Phone: (888) 651-8931
		Breast, Cervical, Colon cancer screenings, pap tests, mammograms - guidelines	
	MILL CREEK	UW Medicine Heart Institute, 1025 153rd St. SE, #200	Phone: (425) 338-4000
		Read about the Financial Assistance or Hardship discounts and waivers	
		UW Medicine Women's Clinic, 15808 Mill Creek Blvd #200	Phone: (206) 668-6644
		Other services: Mammograms, OBGYN, family planning, etc.	
	MOUNTLAKE TERRACE	Read about the Financial Assistance or Hardship discounts and waivers	
		UW Medicine Urology Clinic, 24360 Van Ry Boulevard	Phone: (206) 668-8555
	MOUNTLAKE TERRACE	Read about the Financial Assistance or Hardship discounts and waivers	

Other Medical Assistance & Health Programs

^ PROGRAM ^ CONTACT

Snohomish County Veterans' Assistance Program	Phone Intake: 425-388-7255; 3000 Rockefeller Ave, Drewel Building lower level, Everett, WA
Case management, drug/alcohol rehabilitation referrals, medical and dental assistance, senior & disabled veterans services, etc.	
Citrine Health	(888) 651-8931 toll free; (425) 259-9899 local; 2940 W Marine View Dr, Everett, WA
Breast, Cervical, Colon Health Program; helping with Basic Food over the phone; Women's Wellness programs; Bra shop (mastectomies), etc.	
Alzheimer's Association - Washington Chapter	Phone: (206) 363-5500; Email: InquiryWa@alz.org; 19031 33rd Ave W #301, Lynnwood, WA
Programs & Support , Legal & Financial Planning , Support Groups , and more	
Carl Gipson Senior Center	<i>*Closed indefinitely due to COVID-19 and budgetary concerns - check site for updates</i>

Mental Health

Mental Health Crisis Hotlines & Helplines

	ORGANIZATION (PAGE)	HOTLINE
FOCUS	---	---
SUICIDE PREVENTION	National Suicide Prevention Hotline	800-273-8255
	More ways to contact: Ayuda En Español : 888-828-9454; chat online ; TTY: Use a relay service or dial 711 + 800-273-8255	
	Additional Info: Lifeline Resources for the LGBTQ+ Community , Youth , and Native American Community	
	Veterans Crisis Line	800-273-8255 Opt. 1
	More ways to contact: Text 838255, or chat online ; TTY: Use a relay service, or dial 711 + 800-273-8255	
	IMAlive	online chat
	NAMI: National Alliance on Mental Illness	800-950-6264
	More ways to contact: Hotline available M-F 10AM-8PM E.T.; text "NAMI" to 741741 24/7	
	Boys Town National Hotline	800-448-3000
	More ways to contact: Text VOICE to 20121 or email: hotline@boystown.org	
	Adolescent Suicide Hotline	800-621-4000

	ORGANIZATION (PAGE)	HOTLINE
YOUTH MENTAL HEALTH	Covenant House Nineline	800-999-9999
	Teen Line Online	800-852-8336
	More ways to contact: Text TEEN to 839863 (6PM-9PM EST), email, use messageboard, or download mobile app	
	Your Life Your Voice	800-448-3000
	More ways to contact: Text VOICE to 20121; also download mobile mood tracker app	
	1800Runaway	800-786-2929
	More ways to contact: Use email form on website, or live chat - texting under development	
LGBTQ+ MENTAL HEALTH	GLBT National Hotline	888-843-4564
	More ways to contact: Youth 25 & under: 800-246-7743; Seniors 50+: 888-234-7243; online chat	
	The Trevor Project Suicide Hotline	866-488-7386
	More ways to contact: Text START to 678-678 or use online chat from website	
	Trans Lifeline	877-565-8860
MENTAL HEALTH CRISIS	Washington Mental Health Referral Service (Children)	833-303-5437
	More ways to contact: Fill out an online form for referral services	
	Snohomish County Crisis Line	800-584-3578
	More ways to contact: text HOME to 741741	
	Services: Crisis assessment, stabilization, and referral; crisis outreach, next-day appointments, follow-up, hand-off to Behavioral Health services	
	Tulalip Health System: Behavioral Health	360-716-4400
	Services: Daytime crisis line for adults	
SUBSTANCE USE	Washington Recovery Help Line	866-789-1511
	More ways to contact: TTY: 206-461-3219	
	SAMHSA National Helpline	800-662-4357
	More ways to contact Substance Abuse and Mental Health Services Administration: TTY: 800-487-4889	
	Services: referrals to local treatment facilities, support groups, and community-based organizations.	
	Cocaine Help Line (1-800-COCAINE)	800-262-2463
	Ecstasy Addiction	800-468-6933
	Al-Anon & AlaTeen (888-4AL-ANON)	888-425-2666

	ORGANIZATION (PAGE)	HOTLINE
EATING DISORDERS	Eating Disorders Center	888-236-1188
	NEDA: National Eating Disorders Association Helpline	800-931-2237
	More ways to contact Helpline available Mon-Thu 11AM-9PM EST; Fri 11AM-5PM EST; or Text 800-931-2237 3PM-6PM EST Mon-Thu; online chat	
	ANAD: National Assoc. Anorexia Nervosa and Associated Disorders Helpline	888-375-7767
	More ways to contact Helpline available Mon-Fri 9AM-9PM CST; also see Treatment Director to find providers	
MOOD DISORDERS	Depression and Bipolar Support Alliance	800-826-3632
	Postpartum Support International (800-994-4PPD)	800-994-4773
	PPD Moms (800-PPD-MOMS)	800-773-6667
TRAUMA	National Center for Posttraumatic Stress Disorder	802-296-6300

Mental Health Information Guides & Resources

	PAGE	INFORMATION
SOURCE	---	---
US DEPT OF VETERANS AFFAIRS	Make the Connection	For active-duty military and veterans: Mental health information and resources, self-assessments, how to locate local providers and services, etc.
WA HEALTH CARE AUTHORITY (HCA)	AppleHealth (Medicaid): Behavioral Health & Recovery	General landing page for all Behavioral Health-related topics
	AppleHealth (Medicaid): Mental Health Services	Types of services covered under AppleHealth, patient and family member rights, health conditions, organizations, legal documents
	AppleHealth (Medicaid): Child & Youth Behavioral Health	How to access services, where to find services, cost of treatment, resources
	AppleHealth (Medicaid): American Indians & Alaskan Natives	Coverage choices and where to access treatment as a tribal member

	PAGE	INFORMATION
SNOHOMISH COUNTY	Snohomish County Community Mental Health	Summary of all adult and children's Behavioral Health programs, including addiction intervention
	Snohomish County Behavioral Health Adult Programs	Guide to overall programs for adults in Snohomish County
	Snohomish County Assessment & Treatment	List of mental health and substance use treatment facilities accepting Medicaid and/or assisting low-income individuals
	Snohomish County Alcohol and Other Drugs	Treatment and Prevention
	Snohomish County Prevention Programs	Guide to groups and programs in Snohomish County for prevention of drug and alcohol use
NORTH SOUND BEHAVIORAL HEALTH	Find a Provider	North Sound Behavioral Health can help locate providers in multiple facilities and organizations
NAMI	National Alliance on Mental Illness (NAMI) of Snohomish County	Information, Resources, Classes, Support Groups
PSYCHOLOGYTODAY.COM	PsychologyToday: Find a Therapist	Search by name, location, insurance coverage, therapy type, etc.
	PsychologyToday: Find teletherapy/online therapy	Search by name, location, insurance coverage, therapy type, etc.
	PsychologyToday: Find a Psychiatrist	Search by name, location, insurance coverage, credentials, etc.
	PsychologyToday: Find a Treatment Center	Search by type, services, name, location, insurance coverage, etc.
	PsychologyToday: Find a Support Group	Search by group type, location, insurance coverage, etc.
MENTAL HEALTH FIRST AID	Mental Health First Aid Training	Course that teaches how to identify, understand and respond to signs of mental illnesses and substance use disorders, as well as reach out and provide support to someone showing signs of crisis or mental health issues.

Behavioral Health Organizations

	ORGANIZATION	SERVICES	ELIGIBILITY
LOW-INCOME	Catholic Community Services NW	Children's Mental Health, WISe (Wraparound with Intensive Services)	Medicaid-eligible children and youth up to 20 years
	Catholic Community Services NW	Addiction Recovery Services	Children, youth, and adults - available in Everett and Marysville
	Community Health Centers (CHC)	Therapy for anxiety, depression, PTSD, substance abuse	Medicaid-eligible individuals, low-income individuals
	Dawson Place Child Advocacy Center	Various intervention services and treatment	Child victims of trauma and abuse
	Esther's Place	Support groups, recovery meetings, life skills, homeless services	Women in recovery from substance use, abuse, domestic violence, homelessness
	Everett Recovery Café	Addiction recovery support groups, drop-in center, counseling	Must be drug- and alcohol-free 24 hours prior to entering
	Everett Treatment Services	Assessment, DUI & deferred prosecution programs, substance use treatment, family counseling, etc.	Accepts several private insurers, offers a sliding fee scale, and other financing
	Evergreen Recovery Centers	Inpatient & outpatient substance use programs, programs for pregnant & parenting women, screenings, education	Everyone (call locations for more information about coverage)
	Lutheran Community Services NW	Clinical mental health counseling - telehealth available	Available to all regardless of income source
	Salvation Army Adult Rehabilitation Centers	Faith-based Drug and Alcohol rehabilitation	Adults - no income required
	https://www.swedish.org/services/behavioral-health/outpatient-services/our-services	Inpatient treatment, partial hospitalization	Adults - accepts Medicaid, private insurance, also has sliding scale for low-income uninsured patients
	YWCA: Parents for Parents	Counseling, education, peer support	Snohomish County parents newly engaged in open dependency case with Child Welfare Services

	ORGANIZATION	SERVICES	ELIGIBILITY
COVERED BY MEDICAID	Everett Clinic Behavioral Health	Child, teen, and adult services: therapy, psychiatry, group therapy	Medicaid- and Medicare-eligible individuals, insured individuals
	Fairfax Hospital	Free assessment: 425-284-8300; acute care, inpatient & outpatient day programs, medication management, detox	Teens, adults, and seniors - Medicaid-eligible, privately insured
	Compass Health	Behavioral health, residential treatment, substance use, crisis intervention, child & adult services, payee services	Medicaid-eligible individuals, low-income individuals, people referred by Department of Corrections (certain programs)
	SeaMar CHC Behavioral Health	Assessments, individual and group therapy, chemical dependency services (DUI monitoring, outpatient treatment, etc.)	Children, youth, and adults - accepting Medicaid, private-insurance - sliding scale available
	Smokey Point Behavior Hospital	Youth & adult intensive care, detox, intensive outpatient, telehealth	Free assessments: (844)202-5555; Serving adolescents, adults - accepting Medicaid and private insurance
	Swedish Edmonds Hospital	Adult inpatient evaluation and treatment facility	Medicaid-eligible adults
	Providence Behavioral Health Urgent Care	Assessment, same-day crisis care, resource referral, care coordination	Adults 18+ with any major insurance (including Medicare/Medicaid)
	Sauk-Suiattle Indian Tribe Medical & Behavioral Health Clinic	Individual & group therapy, crisis triage, DV services, LGBTQ+ services, substance use therapy and prevention	Tribal members - accepts Medicaid, may have other financial assistance
	Sunrise Services	Behavioral & Mental Health, Recovery, Supported Employment, & more	Adults, seniors, formerly incarcerated people, people with developmental disabilities
	Tulalip Health System: Behavioral Health	Adult, Child/Youth/Family, Psychological, Psychiatric, Substance use & Gambling addiction, etc.	Serves Tulalip tribal members and family, other Natives, with or without insurance - see Contract Health Services
	Western Washington Medical Group	Psychological evaluations, counseling, therapy, substance use treatment	Accepts various Medicaid plans - check with managed care

	ORGANIZATION	SERVICES	ELIGIBILITY
PRIVATE/SELF-PAY	Alpine Recovery	Assessment, intensive outpatient recovery, family programs, substance use therapy	Accepts private insurance and cash payment
	The Center: A Place of Hope	Mood disorder treatments, Trauma treatment, Addiction treatment	Accepts most major private insurance, self-pay, offers financing options
	Lakeside Milam Recovery Centers	Assessment, residential inpatient, intensive outpatient, long-term, etc.	Accepts most major private insurance, can make self-pay arrangements
	Port Gardner Bay Recovery, Inc.	DUI & Deferred Prosecution programs, Employer referral programs, Substance use treatment, etc.	Accepts many private insurers, can make payment arrangements for self-pay

Aging

Coming Soon

Disability Support

Coming Soon

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